

#### 2022 Poster Slam

Virginia "Ginny" Mohl, MD, PhD, Session Facilitator
Saturday, March 26<sup>th</sup>
AIAMC Annual Meeting 2022

#### Poster Slam Format

Chose Just Three This Year (usually top 5)

- Presentation One: 10 Minutes (8 Minutes Presentation + 2 Minutes Q & A)
- Presentation Two: 10 Minutes (8 Minutes Presentation + 2 Minutes Q & A)
- Presentation Three: 20 Minutes, Including Q & A

# Identifying Hypertension Interventions for Vulnerable, Urban African American **Primary Care Patients:**

Literature review and Patient Perspectives

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MD, Deborah Simpson, PhD

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Family Medicine Residency Program MKE





## BACKGROUND

- HTN more prevalent in African Americans (51.7%) than whites (43.6%)
  - O Young African Americans (18-44 yo), 30% HTN
- Increased prevalence is attributable to many factors
  - Structural racism, distrust of the health care system, access to care
- Urban Primary Care residency clinic
  - 10% disparity HTN control between young African Americans | white patients
- AIM: Identify interventions associated with improved HTN control in urban, vulnerable, young (18-50 yo) African American patients in a primary care (PC) residency program



## **METHODS**

#### LITERATURE SEARCH

- To identify HTN interventions applicable to vulnerable urban AA populations
- Articles coded by publication year, article type, population studied, intervention, results, and barriers (spreadsheet)



#### **QUALITY IMPROVEMENT PATIENT DISCUSSIONS**

- Random sample of AA patients (18-50 yo) with uncontrolled HTN in urban primary care clinic
  - Vetted by clinic staff as likely responsive to discussion with med student
- Contacted via phone to explore interventions most applicable to their care
  - o Replacement after 3 unsuccessful contact attempts for this QI effort
- Open-ended + Likert scale items focused on:
  - Long-term effects of HTN
  - Barriers to HTN control
  - Interest in working with a PC physician to address HTN including use HBPM



## RESULTS: LIT SEARCH

- 49 articles identified spanning 1998-2021
- Interventions focused on HBPM coupled with education and/or lifestyle changes
  - Populations were rarely young adults under 50
  - HBPM + interventions typically multi-faceted (medication adjustment, diet/exercise, community health worker)
  - Difficult to determine effect of any one intervention
- Little/no long term sustained effects between treatment/control groups



## RESULTS: 9 PATIENTS' PERSPECTIVES



#### Uncontrolled HTN

- Knowledge: Variable yet limited re: HTN physiology and LT Effects
- Barriers: Typically, DID NOT include ability to exercise, access to healthy, affordable food or medications, safety, or housing
- Responsibility: Viewed HTN as a problem THEY needed to work on independently through diet, exercise, and taking medications
- Concern & Interest in HTN (1=not really concerned to 4=very concerned)
  - Concerned about their BP (mean 2.9, range 1.5-4.0)
  - Very interested in working to lower their BP (mean 3.4, range 2-4)
  - 44% had monitors; 50% were wrist cuffs
  - 100% deemed HBPM a viable intervention

## PATIENT'S WORDS

## **OUR CONCLUSIONS**

"I didn't have high blood pressure until I had a heart attack at age 37...I have high blood pressure due to chronic pain."

## "Not sure."

"[I] can't run like [I] used to. I used to be able to run four blocks, now I'm lucky if can run two blocks or even walk around the block."

### "I don't know."

Statements from clinic patients, when asked about what having high BP does to their health over time.

#### HTN knowledge limited

- Self-reported barriers ≠ Literature
  - Yet their stated need to "work on" independently can guide our HTN QI intervention

#### HBPM

- Lit = use as tool to improve HTN control
- 100% patient interest

#### Next Step for Young HTN AA

Pair HBPM & pt education on HTN

# Reframing a JEDI Milestone for Faculty Self-Assessment Justice, Equity, Diversity, & Inclusion

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Academic Affairs | AIAMC NI VIII: JEDI | ACGME







#### **BACKGROUND**

- THE EVIDENCE IS CLEAR: JEDI improves education, care for patients and the communities we serve
- As Medical Educators Leaders we are accountable
  - Address structural "isms" in all forms
  - Faculty Development
- A CONTINUOUS DATA DRIVEN APPROACH: Essential for EDI
  - 2021 ACGME annual res/fac surveys + equity and inclusion
  - Limited accessible data available
    - Developed/implemented a required JEDI specific milestore
    - No data on faculty self-reported competence

#### **M**ETHODS

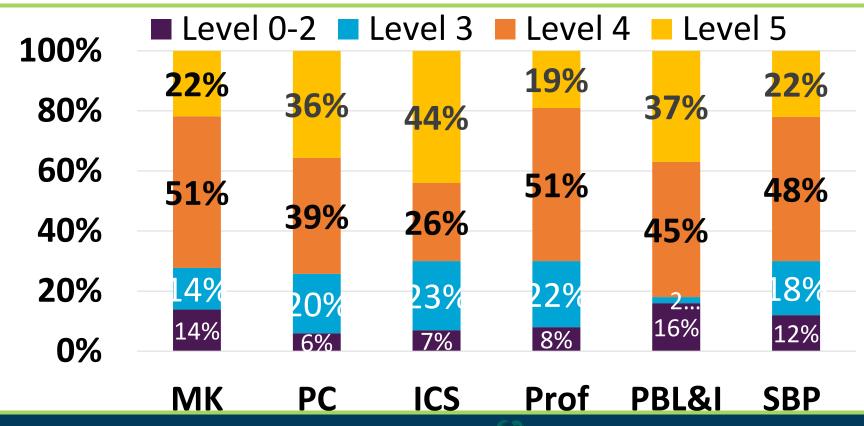
- Needs
   assessment
   survey from
   JEDI milestone
  - 6 competency domains
  - Annotated novice to proficient rating scale

## **Domain #5: Professionalism**

- O LEVEL 0: Not yet reached Level 1
- O **LEVEL 1:** Role Implicit bias in health disparities
- O **LEVEL 2:** Implicit biases in self, team, and health system affect clinical decision-making.
- C LEVEL 3: Reconciles personal with professional role, strategies to mitigate own implicit biases... Accepts shared professional responsibility for eliminating health disparities & bias.
- O **LEVEL 4**: Acts non-judgmentally and speaks up ... to address microaggressions ...
- O **LEVEL 5:** Creates policies.. equitable outcomes

#### **RESULTS: % FACULTY X DOMAIN JEDI**

70% Response Rate (126/179) across 16 GME programs



## So WHAT? Now WHAT?



- JEDI Competency Milestone = Faculty
  - Use gaps between < Level 3 & < Level 4 to target fac dev efforts
- Ex: Professionalism (30% < Level 4)</li>
  - Upstander Training with scripting to support faculty to "speak up in the moment..."
  - Initial focus is microaggressions by patients
  - Align with system policies
- Repeat annually



# ACADEMIC AFFAIRS WIDE EFFORT INSPIRED BY THOSE CHANGED THE WORLD

- Whenever 1 person stands up and says "wait a minute, this is wrong..." it helps other people to do the same | Gloria Steinem
- Do the best you can until you know better. Once you know better, do better | Maya Angelou
- Faith is taking the first step even when you don't see the whole staircase. | Martin Luther King, Jr.
- Real change, enduring change, happens one step at a time.
   Ruth Bader Ginsburg



# DASHBOARDING THE ROI FOR AIAMC PROGRAMMATIC INITIATIVES

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Virginia Mohl MD, PhD, Richard Vath, MAEd,
Kevin Hinchey, MD, William John Yost MD, DVM,
March 26, 2022



## **BACKGROUND**

- The AIAMC has a large number of events that require time and energy from both staff and members, and always more ideas about new events.
- There was interest in a tool to help make decisions about which programs had the best ROI.
- In 2019, a Programming Committee was chartered as a subcommittee of the Board
  - The primary focus was to find a way to assess, measure, and track the success of our programming across a broad array of types: virtual webinars, annual conference, national initiative meetings, etc.



## **AIMS STATEMENT**

 Design a data dashboard that yields data to purposely maximize the alignment of AIAMC's program activities and outcomes with the AIAMC's goals and resources as we "reimagine health care learning that increases the value of membership."







#### Five Steps:

- 1. Created a list of all existing activities with evaluation tools currently in use
- 2. Developed five evaluation impact levels informed by the Kirkpatrick Model of program evaluation
- Performed a crosswalk between programs& levels
- 4. Determined specific metrics
- 5. Set levels for "red/yellow/green"



## 5 Levels of Impact

#### 1. Learner/Participant

- A. Satisfaction Ratings
- B. Attendance + Repeat
- C. "Feeder" for Other Programs
- D. Change in behavior/personal Practice (ACCME)

#### 2. Alignment with AIAMC Priorities and Accreditation Guidelines

- A. ACGME: CPR/CLER/SI
- B. Other Accrediting Organizations (Joint Commission, ACCME, Joint Accreditation CE) [Advocacy & Outreach]

#### 3. Internal Engagement: Progressive Engagement of Individuals/Grps

- A. Within GME
- B. Connect to Key Leaders
- C. Application from Participating Members to Others in Organization (e.g., GME to C-Suite; to Nursing; to Other professions)

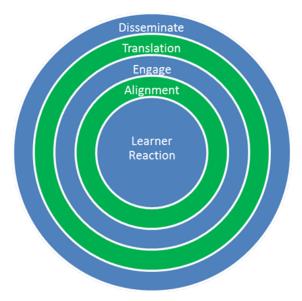
#### 4. Translation to Action within our Own Systems: Sustain/Spread/Impact/Adoption

- A. Sustained: # Projects/strategies remain active 2-3 years post AIAMC activity Impact
- B. Impact: within Education Programs
- C. Impact: System Quality, Safety, Patient Experience, Well Being
- D. Spread/Adoption within own system

#### 5. Dissemination > Our Member Organizations

- A. Impact on Other Organizations/Workgroups
- B. Partnership? Total number, retention of partners? i.e. NAC
- C. Spread/Adoption across Member Organizations
- D. Scholarship: # of publications; presentations in non AIAMC sponsored forums
- E. Referrals: Non-member organization become member organization

#### **Five Levels of Impact**



#### **AIAMC Program Dashboard will display:**

- 5 levels of impact
- Utilize a Stoplight display approach (Red, Yellow, Green) as "rating".



## 3. Crosswalk between programs & levels

LET'S CONSIDER OUR PROGRAMS - AIAMC PROGRAMMING COMMITTEE

Programs <b>↓</b>	Impacts* →	Learner Reaction	Alignment AIAMC w	Internal Engage	Translate to	Dissemination	Eval - F	1=Easy or Eval Pa off	
ESTABLISHED PROGRAMS									
National Initiatives		Ø	Ø	?	?				Quality/Safety align with CLER focus areas,
A. Fall Workshops		Ø	☑		?	?			institutional goals, well-being, communications? • Engage: % of (fill in the blank) are still engaged,
B. National Advisory Committee	as "Resource"				1				active partners still engaged in past NI projects?
C. Webinars									Dissemination: Webinar speakers invited to present
D. Meetings 1-4		Ø							at home institution; NI Final Report Downloads from AIAMC website?
E.									ANNO Website:
2. Annual Meeting		Ø		?	3	3			3-6 Post Mtg Follow Survey: Ideas informed future projects     Dissemination: Posters-Sessions -> published/presented non AIAMC forum - consider level of detail - granularity
3. CEO Forum / Assessment									
4.									
New Programs									
5. Webinars for General Webinars (+	recruitment tool)								
<ol> <li>Co-sponsor Educational Programs organizations (AHA, IHI, Quality Sci NAM-Clinician Resilience, AMA Rei</li> </ol>	holars, Nexus, NICLE,								
<ol> <li>New programming for ACGME SI P Outreach &amp; Advocacy - new progra accreditation – perhaps DIO mento CLER pathways)</li> </ol>	ams with initial		6						
8. Leadership Development (Program Program? Administrative?)	<u>Director?,</u> NI-VII?								
9. Develop Handbooks									
A. Preparation to participate in N									
B. Training in Innovate Interdiscip	olinary Education								



### 4. DETERMINED SPECIFIC METRICS FOR EACH IMPACT LEVEL

#### AIAMC PROGRAMMING COMMITTEE 5 LEVELS OF IMPACT REQUIRED AND EXAMPLES DATA STRATEGIES BY IMPACT LEVEL & METHOD

#1: Learner/Participant Reaction	#2: Alignment w AIAMC Priorities	#3 Internal Engagement	#4 Translation to Action	#5 Dissemination > AIAMC Member Orgs
Have you participated/attended prior "" (insert activity name eg, annual program meeting, Ni's, etc)? S  • 0 prior attendance (1st mtg)  • 1 prior  • 2 prior  • 3 or more prior	As result of this activity, rate your ability to address specific accrediting requirements (eg, ACGME, ACCME, JC)? S  • High  • Moderate  • Low  • None	Describe a topic/area/idea that emerged during this activity that you plan to address in your organizations and what if any additional resources would you need? S or I (Comment box)	Aspects of our project have impacted and/or been adopted/adapted by: \$ • Another GME/Physician education program • Other professions educators • System quality, Safety, Pt Experience and/or Well-being Leaders • Across the system • Not Yet Please give example/details (Box)	Did you bring another bring another colleague from another program/office in your organization (or outside)? S • Yes from within my org • Yes from outside my org • No
How likely are you, as a result of participation /attending this activity are you to participate in another AIAMC activity? S  Very UNlikely  Somewhat Unlikely  Very Likely	Did this activity align/meet the AIAMC's Priorities (Check all that apply)? S • List AIAMC strategic priorities	Promoting connections amongst AIAMC member organizations/people is an AIAMC priority. How many new, strong connections did you make with someone from ANOTHER organization at this meeting? S or I  0  1  2  3	What is your highest role in your organization? S or registration  • Trainee (student, resident, fellow)  • Faculty  • Education Leader/Director (Program, Unit)  • DIO / Leader Academic Affairs/Educ  • Staff: Quality, Safety, Pt Safety, Unit	# of Publications, Abstracts, Presentations at non-AIAMC hosted forums collected via post-NI survey S, report, librarian search



## 5. SET LEVELS FOR "RED/YELLOW/GREEN"

 Painstakingly went through previous evaluation results and defined each color for each metric

#### NI-VI: Well Being

- 34 Teams started Fall 2017
- 100% (34) Final Poster
- 94% Final Project Report <sup>C</sup>

NI-VI Mtg Evals						
Mtg # →	#1	#2	#3	#4		
# Responses	29	24	28	26		
Yes: My admin	100%	96%	96%	92%		
approach &/or						
practice						
outcomes will be						
improved <95%						
Yes: This was	100%	96%	96%	96%		
valuable use of						
my time.						
Mean: Bi-mo	х	х	х	4.1		
teleconferences						
(2 Qs: valuable						
/positive impact on						
progress) <4.59						
Mean Bi-mo	х	х	х	3.95		

NI-VI Mtg	Evals (1	=Str Dis,	5=Strong	Agree)

Mtg # →	#1	#2	#3	#4
Mean / Range				
CLER Priorities=	4.53	4.4	4.5	4.6
Objectives <4.59	4.4-6	4.4-4	4.2-6	4.5-7
Recommend	4.6	4.5	4.7	4.7
this conf to				
others <4.4				

#### #3 INTERNAL ENGAGEMENT

7% (1/15) of Programs Reported Part 2 Proceedings

Note: Limited comments in final reports [Green > 75%; Yellow < 75%; Red <50%)

#### #4 Translation to Action

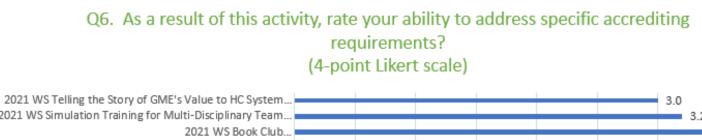
20% (3/15) Programs achieved (Part 2 Proceedings)

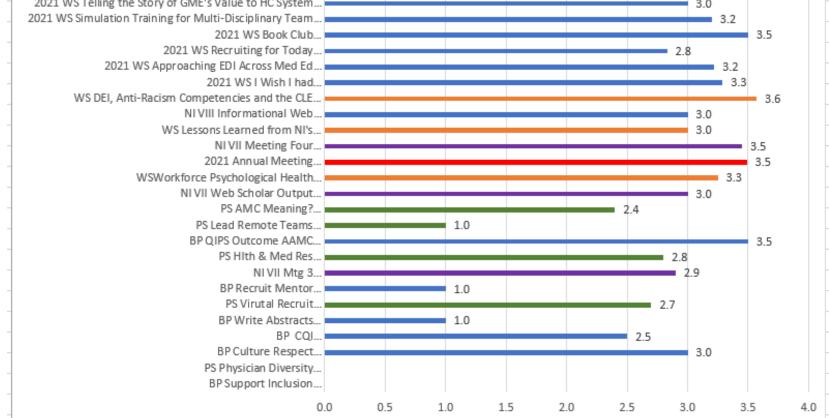
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## **DASHBOARD**

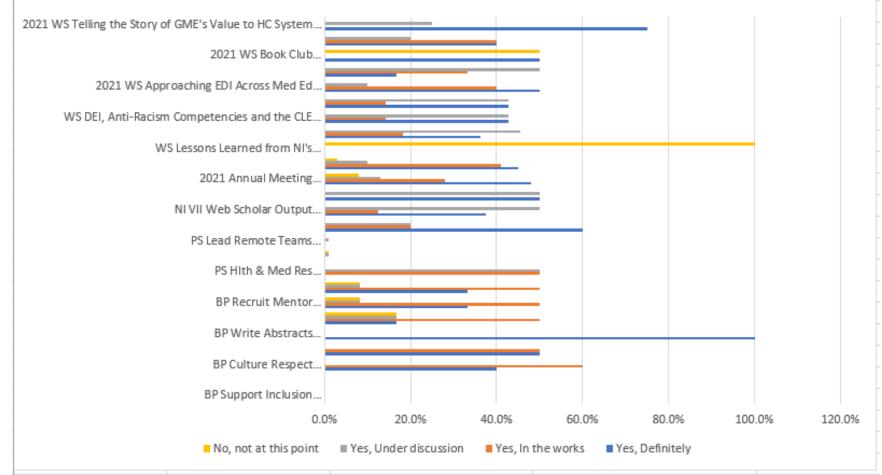


Evaluation results All Activities				
5 point Likert Scale (1=Strongly Disagree, 2=Disagree, 3=Neith	er agree nor disagree, 4=Agree	, 5=Strongly Agree)		
	Original Evaluation Form	Original Evaluation Form		
Column1	AIAMC Member Best Practices Supporting Inclusion July 2, 2020	AIAMC/Partner Series July 16, 2020 Physician Diversity	AIAMC Member Best Practices Building a Culture of Respect August 6, 2020	
TIME of Day (all times Eastern Time)	1:00 PM	1:00 PM	1:00 PM	
	Registrants - 25	Registratns - 48	Registrants - 24	
Q1. Number of Attendees and Number of Responses	Attendees - 15	Attendees - 34	Attendees - 14	
at the state of Attended and the state of the sponses	Responses - 4	Responses - 12	Responses - 5	
	Response Rate - 27%	Response Rate - 35%	Response Rate - 36%	
Response Rate Q2. Have you participated/attended prior [specific event -	27.0%	35.0%	36.0%	
webinars, annual program, meeting, national initiative,	N/A	N/A		
First webinar			0%	
1 prior webinar			0%	
2 prior webinars			60%	
3 or more prior webinars			40%	
Q3. Have you participated/attended prior AIAMC activities (annual meeting, national initiatives, webinars, etc.)?	N/A	N/A		
First activity			20.0%	
1 prior event			0.0%	
2 prior events			20.0%	
3 or more prior events			60.0%	
Q4. The speaker(s) was effective in presenting the material (quality, expertise, delivery). 5-point Likert Scale	4.8	4.2	4.8	
Q5. This activity was a valuable use of my time. 5-point Likert Scale	4.8	4.1	4.4	
Q6. As a result of this activity, rate your ability to address specific accrediting requirements (e.g. ACGME, ACCME, JC)?  Overall Time of Day Attendance # Attendees	N/A 5   Q2   Q3   Q4   Q5   Q6	N/A   Q8   Q9   Q10   Q12   Notes	3.0	





# Q8. I plan to collaborate with other entities within our system on this topic/area/idea









Dashboard & metrics fully initiated in early 2021 across all AIAMC programming



Dashboard is reviewed monthly by the Program Committee for formative & summative recommendations to activity leaders



Report and recommendations to Board at least annually regarding program ROI

## QUESTIONS?

